

**Dulwich Paragon Cycling Club**  
Annual General Meeting - Tuesday November 19 2019

Venue: The East Dulwich Tavern, 1 Lordship Lane, SE22 8EW

**Agenda and Minutes**

- 1845** Doors
- 1900** Meeting commences  
Approx 40+ members plus committee (10) attending
- 1) Welcome from Chair
  - 2) Club President (statement)
  - 3) Treasurer  
Reports circulated.  
Number of one-off costs contributed to overall loss of around £4500.  
Decreasing membership had a shortfall against expectation of £3000.
  - 4) General Secretary  
Priorities for club – diversity an issue.  
Decreasing membership – increased competition and other options.  
Experience of new members identified as area for improvement. Mentorship scheme – details to be added.  
DJB intending to make it his final year as Gen Sec.
  - 5) Women's Secretary  
76 female members (compared to 100 last year) but includes 16 new members.  
Active racing squad in all disciplines.  
Track: Jen George world title (team)  
Esther standing down as women's secretary – Linda Wijlaars proposed to take over.
  - 6) Racing Secretary  
Up and down season on road racing. Problems with road racing generally.  
This year not as many racing or just doing a few races – club came 14<sup>th</sup> in SE this year compare to 4<sup>th</sup> and 5<sup>th</sup> in previous seasons.  
Completion of road circuit at HHV.  
JPJ standing down. Role is open.

Vote of thanks to Esther and JPJ for their work on the committee.

7) Reports from other secretaries (submitted reports are attached if available in full)

Kathryn – Volunteering

- 506 volunteer stints at 41 events
- 65% have done at least one and 47% two or more.
- Slightly fewer have done two but fewer have done none.

Martin – TT

- Changes to TT structure and awards.
- New record 49.37 JPJ for 50 miles; also broke 15 and 10 mile.
- Alex B-T national title.
- 24 hour team VTTA – Russ, Sam, Hector.
- Harry Must slightly low point – had made changes but some more change may be necessary – combination of weather and interest meant 3/6 ran.

Charlie – CX / Kit

- Promoted two races for first time. Leeds Castle and Hog Hill.
- Changes to kit to reduce stock. Now with NoPinz.
- Thanks to Unisystems former warehouse who had supported distribution for many years.

Chris – Communications

- Brief summary of recent club survey indicated generally good level of satisfaction. Some issues to consider – diversity, women's participation, new members.
- Changing role to focus on content not the running of website etc.

Steve – Track

Dave Rees – Kit/Design

Libby – Social

- 18 Dec Christmas drinks – Crown & Dog
- 31 Jan annual awards at EDT

Patrick – Veterans

- LVRC had good year. Rebranding as British Masters Cycling.

- Crystal Palace crit.

8) Election of new committee members - *en bloc*\*  
Unanimous

9) Re-election of committee members - *en bloc*\*  
*Unanimous*

10) Q & A  
No Other Business

**2030** Meeting closes

Buffet served & social

**2300** Carriages

Apologies to date: Bob Ruskowski (Vice-President); Nigel Wood (President); Joe Booth (Membership Assistant)

\* See below

## **Election**

Standing down:

Esther Drabkin-Reiter (Women)  
Jon Puleston-Jones (Racing)  
Rahal Goonewardene (Membership)

Proposed new committee members:

Linda Wijlaars (Women) *Prop. Libby Gordon, Scd. Kathryn Innes*  
Joe Booth (Membership) *Prop. David Joss Buckley, Scd. Patrick Hawkins*  
Rahal Goonewardene (IT) *Prop. David Joss Buckley, Scd. Patrick Hawkins*

Committee members standing for re-election, unopposed:

Alex Brooke Turner - Treasurer  
Charlie Codrington - Cyclo-Cross / Kit  
Chris O'Hearn - Communications\*  
David Joss Buckley - General  
David Rees - Design & Image  
Kathryn Innes - Volunteering  
Libby Gordon - Social  
Martin Headon - TT  
Patrick Hawkins - Chair / BMRC  
Stephen Sorba - Track

\* new title

Cycle-parking, courtesy of Steve & Jodie at: 10 Crawthrew Grove

## **REPORTS (written reports submitted by secretaries)**

### **PRESIDENT (Nigel Wood)**

As I said before, I'm very sorry not to be with you this year which I think is the first I've ever missed. Knowing that we like to get through the business promptly, I've provided just a few words which I'd be grateful if Dave could read.

As we reach the end of 2019 I find myself reflecting on not just the past year but the previous 40 because it was November 1979 when I rode down one wet Friday evening to our then clubroom in Herne Hill and decided to join the Paragon. It was just a few months earlier that a certain Bob Ruskowski had joined to and I can say that as we drank tea in the church hall neither of us would have dreamed for one minute that not only would we be past and present club Presidents but the club, which then numbered about 30 members, would be the vibrant, thriving and diverse club we are all part of today.

We all owe a huge vote of thanks to the Committee members you will hear from tonight who give their time and energy to running the wide range of sporting and social events and rides we promote. I am especially pleased that after a recent awayday your Chairman Patrick, ably assisted as always by Dave, has a strong platform and mandate reinforced by our member survey findings to build and secure the future of the club as we enter our 85th year. And in closing although Bob and I are in France this evening (although in different parts!) and so sadly unable to be with you, the club is and always will be very important to us as I know it is to every member here at the meeting tonight.

Thanks again to both of you for the great work you do and I look forward to catching up soon at either our next Committee meeting or the December social.

Best regards

Nigel

### **FINANCE**

Alex Brooke-Turner presented the club accounts. See separate PDF/Spreadsheet.

### **VOLUNTEERS (Kathryn Innes)**

#### **DP AGM 2019: Volunteer Coordinator Summary – 18/11/19**

##### **Volunteer events:**

506 volunteer stints done by club members in 2019 supporting 41 different events

- 19 Crit Races: CP Crits 17 weeks of set-up sign on & judging, 3 weeks of marshals (4 canx), LVRC at Velofete, DP Club World Champs
- 3 Road Races: Wally Gimber, Surrey league RR Bletchingley (canx), LVRC
- 10 Time trials: SSCU, DPCC Open, Harry Must (6 weeks) (3 canx), Footpath Hill Climb, White Lane Hill HC
- 4 Track: Inter club track champs (canx), DP Track world champs, DP Open Meeting, Women's Deryn Fest

- 3 Cyclocross: CX summer series HHV, CX Race Leeds Castle, CX Race Hog Hill
- 2 Other: London Youth Games, Ride of the Falling Leaves, other ad-hoc activities.

248 individuals: 65% of those who should volunteer have done at least one event, 47% have done their two events at least (380 individuals eligible to volunteer (448 members total)).

	2016		2017		2018		2019	
		%		%		%		%
<b>Eligible to volunteer</b>			502		424		<b>380</b>	
<b>Total stints completed</b>	712		687		634		<b>506</b>	
<b>Events</b>					47		<b>41</b>	
<b>0 Stints</b>			182		217	51%	<b>132</b>	<b>35%</b>
<b>1 Stint</b>		67%	366	73%	100	76%	<b>66</b>	<b>65%</b>
<b>2 Stints</b>		38%	213	42%	168	53%	<b>136</b>	<b>47%</b>
<b>3 Stints</b>			37		33		<b>30</b>	
<b>4 Stints</b>			20		15		<b>9</b>	
<b>5+ Stints</b>					8		<b>7</b>	

198 club members who didn't do their 2 stints have been emailed to check records are correct and to see if they intend to renew if they'd like to do their missed one next year.

## **WOMEN (Esther Drabkin-Reiter)**

### **Membership**

Currently have 76 female members with 16 new women joining in 2019  
 Has been great to meet lots of new female riders at the intro ride and see them coming through to join our ladies' rides and chaingangs  
 CX races have been a particularly fertile ground for poaching women from other clubs!

### **Racing**

Dulwich women continue to excel across all competitive cycling disciplines – here's a flavour of what we've been up to.

*Track*

Good results and more importantly lots of fun was had at the Monthly Open Races and Women's Track League at Herne Hill Velodrome. Represented by Linda Wijlaars, Alex Rose, Dalia Lecky, Lou Engel and Charly Roberge  
HHV Team champs – DP women secured 2<sup>nd</sup> place

New faces – Alexa Muir getting involved with DP Track champs. Our second claim Jen George also managed to scoop up the women's title at DP Track Champs on her debut Track appearance.

At the GB National Masters Track Champs, Dalila Lecky, our prize Sprinter, took Bronze in the Sprint and Lou Engel took Bronze in the Scratch and Points race. Meanwhile in Canada, Charly Roberge took gold regaining her national title in the master individual pursuit while also breaking the Canadian National Record (by a good margin). As well as Silver in the points race and Bronze in the scratch race.

To wrap up the season, the World Master Track Champs was held in Manchester in October with Charly Roberge representing Canada and 2<sup>nd</sup> claim Jen George representing UK. While Charly made a strong solo attack almost securing the win but coming away with 4<sup>th</sup> place in the Scratch race, Jen teaming up with Torq Racing (together with ex-Dulwich Jen Allum) winning gold and the World Title in the team pursuit.

HHV as ever has a really welcoming atmosphere for women so do check out their training and racing opportunities

#### *Hill Climb and TT*

Linda Wijlaars, Charly Roberge, Sonia Chane-Sam and Lucy Hurn have represented the club across a range of distances, with Charly first woman at the Addiscombe CC 10 mile TT on the G10/42 course, Linda racing the National Closed Circuit Champs at Thruxton (our second claim Jen George came 7<sup>th</sup> in that race) and Lucy taking on a mega 50 mile TT.

Also big shout out for Lucy completing the ultimate time trial this autumn – the inaugural Transpyrenees Race – in 7 days 11 hours.

#### *Road/crit*

- We've had 10 active women crit and RR racers this season: Linda Wijlaars, Matea Delia, Lou Engel, Katy Murphy, Bella Leach, Sonia Chane-Sam, Tina Hartwright, Caroline Lakeman, Alexa Mair and Emma Pickering.
- Between them these women have represented DPCC across the whole season's racing, from winter crits back in 2018 through the summer crit and road races, and still going strongly as we speak in the various points chaser London crits still happening!
- Overall we had 19 top tens, with 3 podiums, and many more instances of our DPCC getting on the line throughout the year
- We had representation at CP crits across three races (Bella and Lou)

- We had representation at both of the DPCC LVRC races (Emma)
- Congratulations for Linda for going up to her 3rd cat licence recently
- Congratulations to Katy for a couple of top tens in some very competitive early season road races
- Congratulations also to our four intrepid women who braved the twisty turny HHV crit course at the club world champs with Dalila Lecky crowned Club Champ for this year
- Welcome to new DPCC joiners who have represented us Matea and Caroline

### *Cross*

There was a strong ladies contingent getting mucky last season. With Sara Barman finally getting her tyres tubeless and taking to the start line. Once she started, she was unstoppable and regularly on her age category podium.

Also new to the fold Becky started hitting the CX trails in training at HHV on her MTB, which was soon traded in for a CX and she too was racing.

Second claimer Olivia is also regularly appearing on podiums as well as supporting our women in races and training.

A good contingent of women CX racers giving as good as they got heckling!

Then there were the new recruits for this season. Whilst up on the Isle Of Arran racing the timed segments and the resident mozzies, Anna was found! She was hotly recruited and has shown an exemplary attendance record both at training and in racing. Like Sara, she too has graced the podium, helping to fund her post race pizza habit.

Another signing this season was Caroline. Having raced and won the beastway summer MTB series, she is currently looking to win both the London and Central CX series. Fingers crossed! The only thing holding her back is bikes which keep breaking - sponsors welcome!

Good luck to Caroline in the forthcoming UCI CX masters World Cup in Moll next weekend.

Also gracing the mud the last couple of seasons has been Kath and Dalila. Both getting stuck, in the London league. Kath also raced her first national trophy race last weekend until her poor bike was totally clogged in mud at Ardingly.

Finally, One particular highlight from this season was the central league Velobants race in Milton Keynes. A women's only race (so no men in the way), the target was to get 100 women on the start line. With help from Helen Wyman, the result was 161 women! Caroline, Kath, Anna and Olivia all relished the experience with great results all round. A step forwards next season is there will be a women's only race at each of the London league races which is already seeing increased numbers of races!



Great racing, smiles and team spirit all round!

### **Women's rides/social events/training sessions**

- Well attended series of bi-monthly women's social rides (including one successful ride in storm Gareth!). Rapha 100 on 14 September was a beautiful late summer's day and we did Kathryn's classic ride to Snodland. These will continue as usual in 2020.
- We had three skills/race training sessions over the winter at different circuits around London. Great to have Jen George involved in coaching these and got some really useful tips on training, tactics and nutrition as well as on-circuit skills
- Brought back our women's Regents Park chaingang for the summer – great to see lots of new faces getting stuck in, learning new skills and having a lot of fun
- Off the bike beer and pizza socials too

### **Other matters**

Standing down after 2 years – really pleased that Linda has come forward to take my place (so I hope you'll vote her in!) – as you'll have seen from the discipline-specific reports she's been involved with loads of different disciplines, and she's also been a regular at our social rides and training sessions. Leaving you in good hands!

Thanks: all the ride leaders/backstops, Emma Pickering (racing) women's sub-committee and Kathryn and Libby + rest of the committee for all their support

### **TIME TRIALS (Martin Headon)**

The 2019 season saw another successful Open TT event on the GS/484 course near Dorking. A ready supply of fresh coffee beans courtesy of sponsors Horsham Coffee Roasters, plus Kathryn Innes' bean-to-cup coffee machine, meant that competitors enjoyed the best espressos ever served in the history of time trialling. The event also decided our men's and women's TT club champions - the honours were taken by Jon Puleston-Jones and Charly Roberge.

There were also some notable individual performances. Jon Puleston-Jones (again) broke TT Club records for 10 miles (19:11), 15 miles (29:35), and 25 miles (49:37) - some truly exceptional TTing.

Alex Brooke-Turner retained his TT National Champion jersey in the Para-cycling Championships.

Hector Kidds, Russell Kesley, and Sam Crossley rode a staggering 1281 combined miles to take the Veteran Time Trialers' Association team prize at the National 24 Hour Championships.

Charly Roberge was first lady at the Addiscombe CC event on the G10/42 course.

The only negative from the year was the continued low attendance at the Harry Must. Several rounds were called off due to dangerous weather conditions, and as no rider

competed in more than one round, no-one met the criteria to be awarded the trophy. We are investigating the possibility of a radically different format for 2020...